



LIST OF COMMONLY AVAILABLE NSAIDS AND COX-1 INHIBITORS TO AVOID

Patients with Aspirin Exacerbated Respiratory Disease (AERD), also known as Samter's Triad or Aspirin Sensitive Asthma, should completely avoid all non-steroidal anti-inflammatory drugs (NSAIDs) that inhibit the COX-1 enzyme.

The list below details most commonly available COX-1 inhibitors in the United States – the generic drug name in **bold**, followed by most of the brand names in *italics*. All of these medications should be avoided. Please read all medication labels, and check with your healthcare providers to ensure that you are not mistakenly given a prescription for a medication listed below.

Aspirin or salicylate-containing medications

Exedrine

Pepto- Bismol

Alka-Seltzer

Aggrenox

Anacin

Arthropan

Ascriptin

Asperbuf

Aspergum

Aspermin

Aspir-Mox

Aspirtab

Ibuprofen

Motrin

Advil

Naproxen

Aleve

Anaprox

Salsalate

Amigesic

Salflex

Argesic

Flurbiprofen

Ansaid

Ketorolac

Toradol

Diclofenac

Arthrotec

Note: this list may be incomplete – contact your doctor if you have questions about the safety of medications not listed above.

If you have been desensitized to aspirin and are on aspirin therapy, you may also be able to safely take other NSAIDs, but check with your allergist if you are unsure.